

PE & Sports Premium 2014 - 2015

Parkwood Hall received £ 2,245 for the 2014-15 academic year. We continued with the hydrotherapy sessions for the Autumn term and have used £2,000 on installing a sunken trampoline in our adventure playground. For many of our students trampolining is one of the few activities they can access independently. It will provide a way for students to improve muscle tone, core stability and gross motor skills and be a part of individual students' OT programmes.

It will also be used as a way of students self-regulating their behaviour, which will hopefully lead to improved access to lessons across the curriculum.

Impact

The trampoline has proved very successful and is being accessed by a broad range of our students. Teachers have observed improved concentration and behaviour during learning sessions, and there has been an improvement in individual students' motor skills.

The younger students benefitted from the continued hydrotherapy sessions enabling them to complete individual OT programmes and gain confidence in the water.